



Homeopathic Treatment for Viral Diseases



Groups of viruses

- **“Non-specific” group of viruses responsible for coryzal respiratory infection, or “the common cold.”**
- **Influenza viruses - one is associated with the great pandemic of 1918;**
- **Adenoviruses , Rhinoviruses , Parainfluenza viruses**
- **Coronaviruses**



Respiratory Viral Infections

We are going to review just two types that are most active at the moment:

- **RSV** - respiratory syncytial virus
- **Covid** - Sars-Cov-2 virus

Multiplex testing is now available to test simultaneously for RSV, & COVID-19, Influenza



Viral Interference Phenomena

There is a phenomenon that's been described as “viral interference” in which one circulating virus reduces the transmission of others.

For example, **RSV transmission was interrupted** during the recent COVID-19 pandemic (2019-2020), followed by a **spike in RSV cases in the late spring & summer of 2021, outside the normal RSV season.**



Viral Interference Phenomena

The nature of this is unknown:

- one possibility is that the dominant virus is smart enough to **incite an interferon response in the host body, not letting subsequent infection by other viruses in general.**
- or the more likely it is the impact of COVID transmission measures such as **social distancing, hand washing, mask use**



Ways of transmission virus diseases

The respiratory diseases can be transmitted

- From human to human
- From mammals to humans (live stock - domestic animals)
- From birds to humans



Bat are the hosts of many viral infections

- Bats are seen to host a diversity of viruses,
- Its well adapted to host a wide range of mammalian and bird viruses without illness
- Bats can travel great distances and traverse significant bodies of open sea,
- Bats can exchange viruses between bat & human or livestock populations.





Each Viral Disease has its own signature

- It affects its own **people selection**, based on age or preexisting conditions
- Has **its own transmission patterns** and hosts
- Has the unique signature, symptoms that characterise this particular virus.



Transmissions

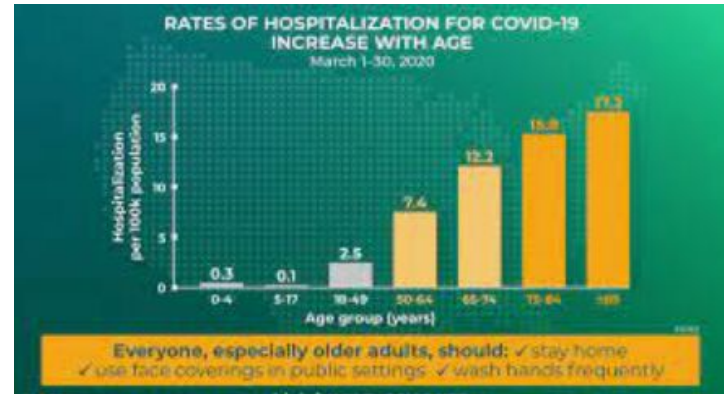
- **RSV is highly contagious**, with an R0 (number of transmissions / case) of 3
 - Transmission is **via respiratory droplets and fomites on surfaces** (the virus is unstable in aerosols),
 - **direct person-person contact.**
- Covid-19 is highly contagious**, with an R0 (number of transmissions / case) of 3 (omicron was 5)
- Aerosol or droplet transmission.
 - The virus can also spread in poorly ventilated and/or crowded indoor settings, where people tend to spend longer periods of time.



Targeted population

RSV, primarily, affects mostly infants of 0-2 years old

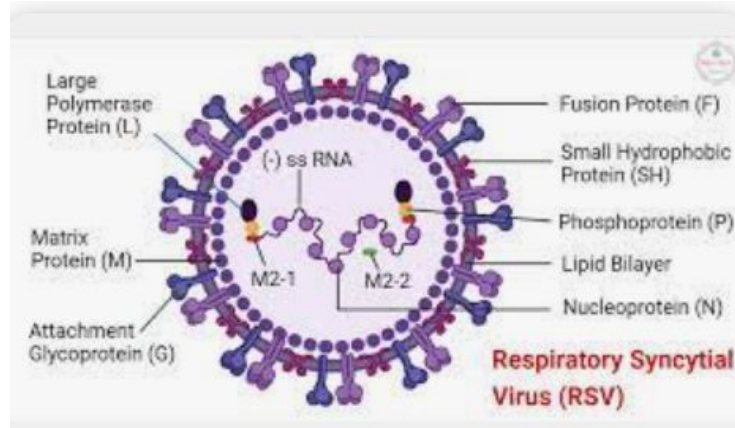
Covid-19 targets elderly people, taking most dangerous forms in people of age after 60 yo





RSV Virus

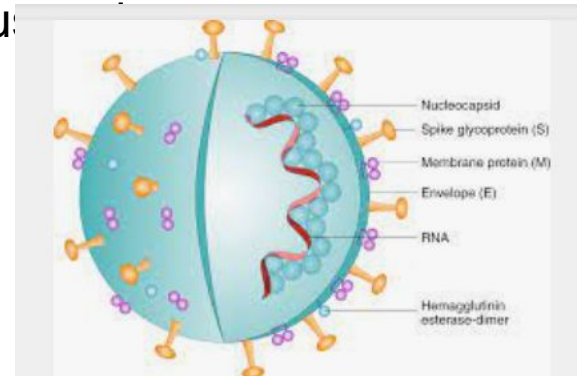
RSV is caused by Syncytial Virus - is an enveloped, non-segmented negative-strand RNA virus.





Covid -19 virus

Covid-19 is caused by SARS COV2 virus. The virus is composed of single-stranded RNA. It inserts itself into the human cells and make them to produce the proteins of the virus.



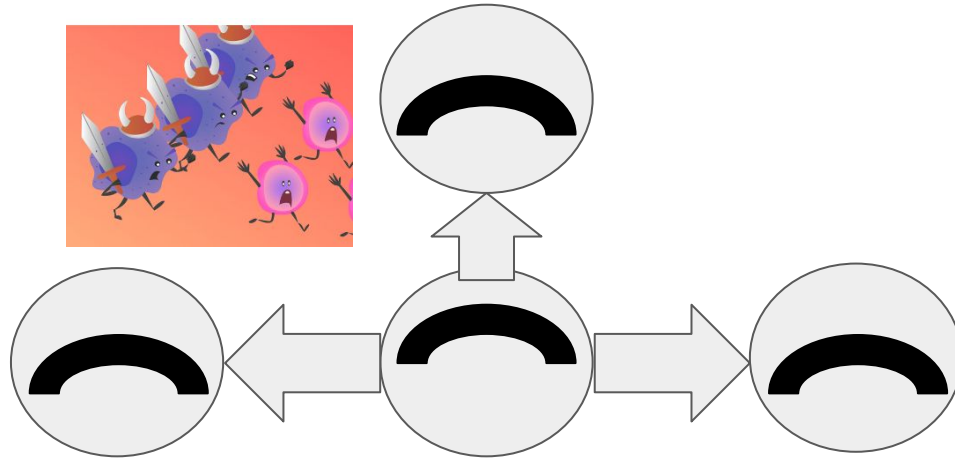


How these viruses survive the immune system

- **SV** survives by fooling the immune system, with generation of the **cellular syncytia**
- SARS COV 2 also fools the immune system with the appearance similar to the human bodies proteins.



RSV syncytial formations generation of cellular syncytia



fused epithelial cells in tissue culture.



Sars Cov-2 virus passes the guard

Cytokines are immune bodies that produced to fight infection

In case of covid - 19 - hyper-production occurred, when infection comes down to lungs without being noticed





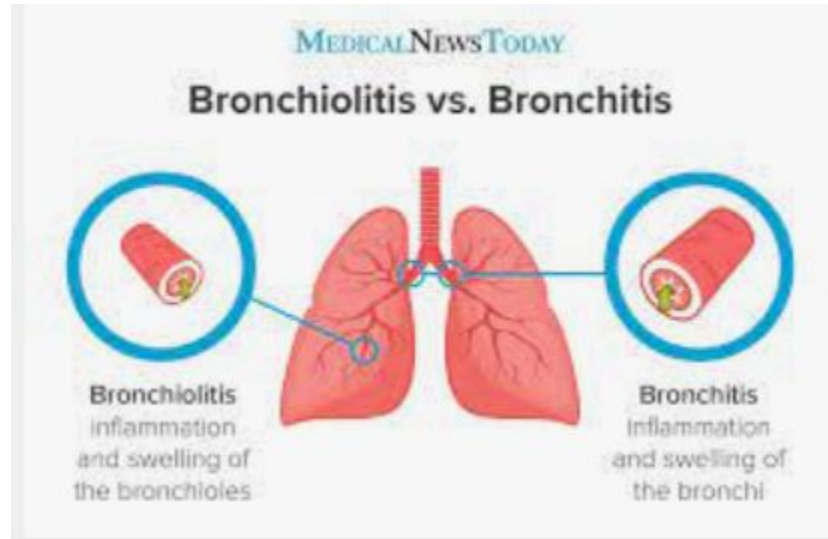
The serious problems they create

RSV causes Bronchiolitis in children

Covid-19 may cause cytokine storm in adults



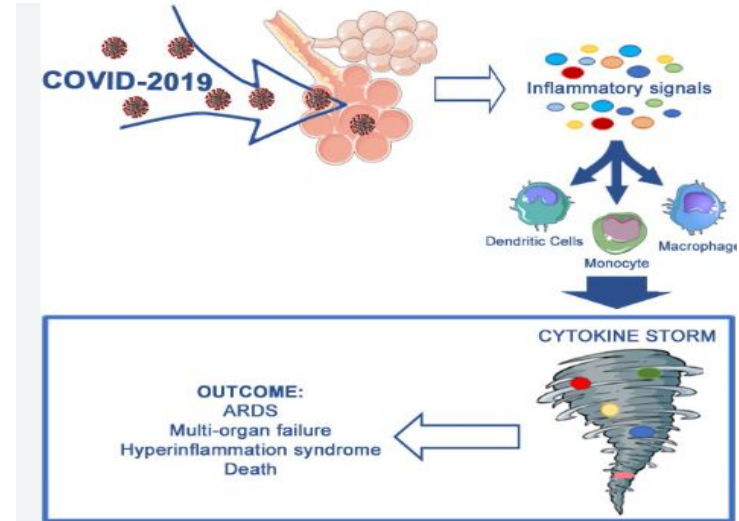
Bronchiolitis vs. Bronchitis





Cytokine storm

- Inflammatory changes all around the body
- Acute respiratory distress syndrome (ARDS)
- Disseminated intravascular coagulation (DIC)
- Multi-organ failure





Signature RSV Symptoms

Common cold symptoms:

- nasal congestion, runny nose,
- cough,
- low-grade fever,

- **Pharyngitis**
- **Conjunctivitis.**
- **Bronchiolitis: obstructed respiration superficially similar to asthma with wheezing and shortage of breath**



Signature Covid Symptoms

Common Flu Symptoms:

- Headache
- Body ache
- Muscle pain
- High Fever

Common Cold Symptoms:

- Coryza
- Sinus inflammation
- Cough

- Diarrhea
- Loss of Smell and taste
- Weakness
- Shortage of breath
- Intermittent manifestations



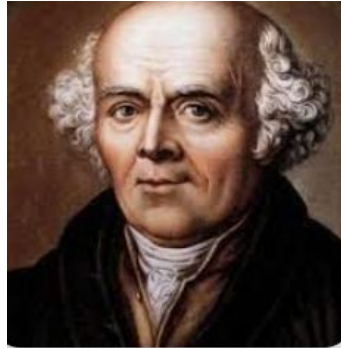
Homeopathy For Influenza In Europe

- In the beginning of the previous century the Homeopathic practice was widely spread in Europe
- When influenza epidemic hit the Europe , many cases have been treated successfully with the homeopathy.



What is Homeopathy? Law of similars

- Homeopathy was invented by **Samuel Hahnemann(1755-1843)**. German scholar and a doctor.
- One day he questioned **why cinchona bark could cure malaria**. He decided to take the extract from the bark and experience the effect himself.





What is Homeopathy ? Law of similars

- **The extract he swallowed produced the symptoms in him similar to that of the disease.**
 - chills alternating with heat.
 - That would come and go the same time of a day..
 - It would be dryness in the mouth and
 - digestive discomfort,
 - that would be loss of energy.

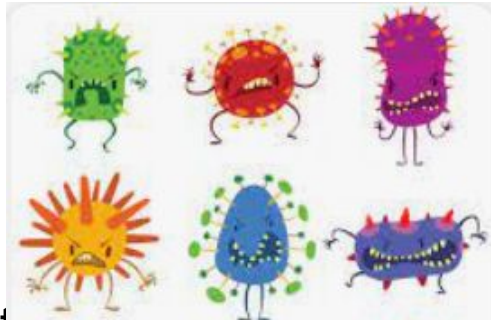


- That gave him an idea of the “Law of similars” - Like cures Like.



Law of similars - how does it work?

- Our body has an ability to remove the symptoms that were the reaction of the body to external pathogens (viruses and bacterias) or chemicals substances.



- If such symptoms are similar to the preexisting pathological symptoms, the preexisting symptoms will be removed as well.



Law of similars - how does it work?

For example, if the person had eczema and then he would get infected by mumps/measles - his eczema would disappear together with the skin eruptions of mumps/measles.



- That is how homeopathy healing. It wakes the natural ability of a body to heal itself by aggravating its symptoms with the help of the “similar” substance.



What is Homeopathy ? Totality of symptoms

The symptoms homeopathy considers in the choosing of a remedy for a person are more detailed than those considered by mainstream medicine.



What is Homeopathy? Totality of symptoms

For example, if the person had a food poisoning , then that would cause the following symptoms in him:

- The **nausea, vomiting, diarrhea**
- Dehydration that manifests in the **dryness in the mouth, extreme thirst, and chilliness.**
- The person would be **restless** and feeling so bad that he would start question if he would recover at all ,and what if he would die as a result of that illness- **fear of death**



What is Homeopathy? Totality of symptoms

This set of symptoms would correspond to the symptoms of the arsenicum poisoning and will be healed by homeopathic remedy - arsenicum album.





What is Homeopathy? Totality of symptoms

The symptoms homeopathy considers might be divided into the groups:

- mental - **fear of death, restlessness**
- general - **dryness in the mouth, extreme thirst, and chilliness.**
- local or specific - **nausea, vomiting, diarrhea**





Homeopathy For A Flu Treatment

Even though one person infected with the same virus had **similar local/specific symptoms:**

- fever,
- cough,
- sore muscles,
- throat pain,
- and weakness,

the general and mental symptoms were different:



Homeopathic Remedy Choice is Individual

One person was so weak that could not even move, and therefore he was treated with **bryonia**, where “worse from movement” were the key symptoms.

Another person was restless and extremely cold and thirsty for a small amount of water - he was treated with **arsenicum album**, which has a similar keynotes.



Homeopathy For Influenza In Europe

- In the beginning of the previous century the Homeopathic practice was widely spread in Europe
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Homeopathy For Flu Treatment

But overall there were **6 remedies which would cover all set of symptoms**, general and specific, displayed in the epidemic.

It could be possible that one remedy exists instead of 6 which would display all symptoms similar to the overall cases.

Such remedy is called **Genus Epidemicus** and can become a common remedy in the particular epidemic/pandemic.



Homeopathy For Chronic Conditions

Homeopathy can be used not just to heal the acute ailments.

In our clinic **we can help to find a similimum of a person, the individual, specific remedy** that would cover the total symptoms of a person, including his chronic conditions, patterns of eating, sleeping, reactions to the weather, seasonal changes etc.

That remedy can rebound the level of health of a person and in some cases help to get rid of the long lasting chronic conditions.

If you are interested, **you can schedule one free consultation with a homeopath.** See the link to our clinic schedule below.



Covid Treatment - Genus Epidemicus

Covid Genus Epidemicus is **Cimex 1M.**

This remedy could be bought here:

https://www.iandeorganics.com/collections/triturated-remedies-c/products/cimex-lectularius?_pos=1&_s_id=40cab1cad&_ss=r

The way it is administered is the following:

- 1 day - 4 intakes, one intake an hour
- Next 3 days - 3 intakes, one intake an hour
- 2 intakes a day if the fever remains, or
- 1 intake a day for another week



Case of Corona - treated with Cimex

**Woman of 65 yo, HBP, ulcerative colitis, asthma, has been sick for 2 weeks:
Jan 5, 2021**

- No smell or taste
 - Unbearable pain in the back
 - She's got some coughs, transparent mucus
 - Fever 102 - for 3 days
 - Oxygen level 95
 - Terrible weakness, lays with eyes closed
 - Sweating at night
 - No thirst or appetite
- Given Cimex 5 sips in an hour



Case of Corona - treated with Cimex

Jan 7, 2021 (second day of cimex)

- She was sleeping at night
- She ate oatmeal at the morning
- The back pain is gone, still pain in legs
- HBP



Case of Corona - treated with Cimex

Jan 8, 2021 (3-rd day of Cimex)

- Sweating, fever at night
- Terrible weakness
- Pain in hips, worse lying down
- Congested chest
- Oxygen 90

I prescribed **Antimonium Tartaricum 200c** with water which they received only on Jan 9th



Case of Corona - treated with Cimex

Jan 10, 2021 (5th day of cimex)

- Less weakness
- Lots of mucus, spitting
- Nausea, vomiting, not much appetite
- She is doing breathing exercises, oxygen is better 93



Case of Corona - treated with Cimex

Jan 11, 2021

- Oxygen is normal
- Was walking outside today!
- Ate a little
- Cough, mucus
- Her daughter: “Mom is doing so much better!”



General homeopathic treatment

1. **Cimex 1m** should be taken as it was explained earlier.

Cimex make your body defence system stronger to fight the virus. You will feel the improvement in general sensations - less fatigue, less soreness etc

2. **Influenzinum 30c** - only for the first 3 days - every two hours one intake of a water solution.

Influenzinum will improve respiratory symptoms of the disease, like stuffy nose, pain in the throat, and cough



One intake of the remedy

You make the remedy water solution:

- 5 pellets in the cup of water. Must be placed into the bottle, so you will be able to shake it.
- Keep the bottle in the fridge
- One intake is one teaspoon of the remedy.
- Before taking the spoon, the solution has to be shaken 10 times very vigorously.
- You use disposal spoon
- You use disposal bottle



Homeopathic tissue salts

Tissue Salts are the remedies made in a very low potency, from the salts, used by a human body for building its tissues.

You can buy the basic set of salts on Amazon:

<https://a.co/d/fTrKdZs>



Homeopathic tissue salts

- Salt that supports immune system: **Ferrum Phosphorus 12x**
- People with anxiety: **Kali phosphorus 12x**
- Salts that helps people with High Blood Pressure and cardiovascular diseases: **Magnesium Phosphorus 12x**
- People who have allergies and a lot of mucus: **kali Muriaticum 12x, Silicea 12x**
- People with pulmonary problems: **Kali-sulph 12x**

Every day 2 pills in the morning , two pills at night



After Flu Remedies

- Loss of fluids(prolonged fever or diarrhea) - **carbo-veg 30C**- weakness
- Loss of strengths. No appetite, wants to drink juice - **phos-acid 30c**



Remedies to conclude the treatment

Tuberculinum 1M - one time - to stop respiratory systems pathological symptoms

Thuja 1M - 1 time - to prevent autoimmune problems in the future that might be caused by a flu

Lachesis 6c -2 pellets every day - to stop microclots formation



More Info

- This was the first lecture in the “Viral Seasonal Respiratory Diseases” series. Stay tune for 3 more lectures, with info on more specific remedies of RSV , Covid and after flu conditions such as long covid.
- Because homeopathy has an individual approach to healing, it could be need for remedies other than the common, we discussed today.
- To get more info on what these other remedies are, listen to our future presentations.
- If you need a consultation of a professional homeopath, we allow one free consultation per a new patient. You can schedule this consultation on our website: www.jbhomeopathy.com



How we can help

1. We can manage the acute cases of covid, in cases when the above listed remedy are not working and the remedy should to be chosen by the professional homeopath.
2. To handle more severe cases, we also do constitutional prescription, by finding the remedy that matches the chronic symptoms totality. That remedy is more suitable for handling the chronic conditions, long covid symptoms, covid side effects.

Contact US on www.jbhomeopathy.com